

Allergy Info updated from 1st Feb 2021

New supplier - Miller Catering

Day / Meal	Meal	Ingredients	Allergens
MON	Chicken Pie served with baby potatoes, cabbage & gravy	<ul style="list-style-type: none"> Diced cooked chicken Carrots & cabbage Flour Flora dairy free Bisto gluten free gravy 10GBGF New potatoes 	Gluten (may contain soya)
Starter	Refreshing Melon Medley	<ul style="list-style-type: none"> Honey Dew Watermelon 	
Tea	Ham & cheddar cheese omelettes served with beans and crudities	<ul style="list-style-type: none"> Cheese & ham omelettes OMELCH Baked Beans Cucumbers Carrots 	Milk, Eggs
TUES	Gourmet cod goujons with seasoned potatoes, peas & tartare sauce	<ul style="list-style-type: none"> Breaded cod goujons FNBCG/S Potatoes Olive Oil Paprika & garlic salt Peas Fairway Tartare Sauce 19LT/S 	Gluten, Fish Eggs, Mustard
Dessert	Eve's Pudding with custard	<ul style="list-style-type: none"> Flora dairy free Self-raising flour Caster sugar TESCO Vanilla extract Tinned apples Cinnamon MIDDLETON Custard Powder 9CCP Kerrymaid whipping Cream ZWC/S 	Gluten (may contain soya) Sulphur Dioxide MILK (may contain gluten, soya & egg) MILK (may contain: Soya, gluten & egg)
Tea	Thick tomato & basil soup served with ham sandwiches	<ul style="list-style-type: none"> Tomatoes Tomato Puree Onions, carrots, Basil Celery Olive oil Knorr veg stock cube OR Oxo Veg stock cube (Millers) Jacksons malted bloomer Flora dairy free Sliced baked ham 	Celery Celery Gluten Gluten

			WEEK 1
WEDS	Corned beef hash with vegetables & potatoes and yorkshire puddings	<ul style="list-style-type: none"> • Yorkshire puddings 3" YPC80 • Bisto gluten free gravy 10GBGF • Corned beef 4MCB/S • Swede • Carrots • Onions & potatoes • Peas • Mixed herbs 	Milk, Eggs, Gluten
Dessert	Chocolate brownies with ice cream	<ul style="list-style-type: none"> • Granelli vanilla ice cream ISVS/S <p>Dairy free alternative: Oatly vanilla ice cream TESCO OR Swedish glaze vanilla DF ice cream TESCO</p> <ul style="list-style-type: none"> • Flora dairy free • Caster sugar • Callebaut Dark Chocolate drops CHC031 • Eggs • Plain flour <ul style="list-style-type: none"> • FRESHERS reduced fat Cocoa Powder (Millers) 12CPLF/S <p>NOTE: Bournville cocoa powder contains MILK</p>	Milk Oats (Gluten) Soya Soya (may contain MILK) Egg Gluten (may contain soya) MILK
Tea	Chicken & bacon pasta served with garlic bread	<ul style="list-style-type: none"> • Frozen diced chicken POU099 • Pasta <p>GF Alternative: Gluten free penne pasta 16CWPGF/S</p> <ul style="list-style-type: none"> • Peas • Sweetcorn • KNORR cheese sauce <p>Allergen alternative – TESCO free from cheese flavour sauce mix (1 pack = 2 adult servings)</p> <ul style="list-style-type: none"> • MILLERS Garlic bread slices BKGSL100 <p>Dairy free alternative G Bread: Viva la pain Thaw and serve baguette BPDB Olive oil Garlic Parsley</p>	Gluten Contains Milk, Gluten, Mustard (may contain celery, eggs, soya). Gluten, Milk (may contain sesame) Gluten (may contain sesame)
THURS	Roast pork Roast potatoes Green beans Cauliflower Gravy	<ul style="list-style-type: none"> • Pork joint • Potatoes • Veg oil • Green beans & Cauliflower • Bisto gluten free and vegan gravy 10GBGF 	
	Banana slices with honey and Greek yoghurt	<ul style="list-style-type: none"> • Banana • Honey (Not Baby suite) • Greek Yoghurt 	Not suitable for under 12 months old Milk

Tea	Picnic tea – selection of sandwiches, sausages rolls (served warm), cucumbers & tomatoes, melon	<ul style="list-style-type: none"> • Ham • Cheese Dairy free alternative: Violife Vegan Cheese slices (Millers) CSVCS • Jam • JACKSONS malted bloomer • Flora dairy free • Cucumbers & tomatoes • Wrights buffet sausage rolls PRBSR/S • Honey dew melon 	<p>Milk</p> <p>Gluten</p> <p>Eggs, Gluten (may contain NUTS)</p>
			WEEK 1
FRI	Fish pie topped with cheesy mashed potatoes served with carrots & Broccoli	<ul style="list-style-type: none"> • Tuna • Salmon • KNORR cheese sauce <p>Allergen alternative – TESCO free from cheese flavour sauce mix (1 pack = 2 adult servings)</p> <ul style="list-style-type: none"> • Parsley • Garlic • Potatoes • Flora dairy free • Grated cheddar Dairy free alternative: Violife vegan grated cheese (Millers) CGVC/S • Carrots & Broccoli 	<p>Fish Fish Milk, Gluten, Mustard (may contain celery, eggs, soya)</p> <p>Milk</p>
Dessert	Raspberry and Lemon sponge with custard	<ul style="list-style-type: none"> • Eggs • Sunflower Oil • Vanilla Extract • Caster Sugar • Self-raising flour • Salt • Bicarb of Soda • Frozen raspberries • Lemon • **Middleton Custard Powder 9CCP <p>Dairy free alternative: Oatly Custard TESCO</p>	<p>Egg</p> <p>Gluten</p> <p>MILK, (may contain gluten, soya & egg Oats (Gluten))</p>
Tea	Sausages with potato waffles and beans	<ul style="list-style-type: none"> • Orchard farm sausage 8's SPP8 • McCain mini potato waffles MPMW • Baked Beans 	Gluten, Celery, Soya (may contain mustard)